



I want to say thank you to everyone for helping us transition everyone to the “front” of the building. While I understand change is hard, we think this will benefit everyone in the long run. While we were moving everyone, we noticed residents have accumulated a lot of stuff, just like at home. We have been helping them go through their belongings, keeping what is necessary and important to them. The rest of the stuff we are bagging up and asking family to pick up at your earliest convenience. We also ask that in the future as you bring stuff to your loved one, maybe look through the closet and/or dresser and take unnecessary/unused items home. We do have laundry services every day, so it is only necessary to have 4 or 5 outfits, some items that take up extra space that are often unnecessary: shoes, underwear, extra coats, extra blankets. Please keep in mind personal space is limited and sometimes quarters are tight so stuff sitting around may accidentally get bumped, knocked off and broke.

Although our front door may be unlocked, it is best if you call before entering the building so we may screen you in. If you forget and do walk into the building, you must stop at the nurse’s station before going to your loved one’s room. You should not be screening yourself in, a staff member must do this.

Thank you and have a great month!

*Rose Saxton*

“You only live once, but if you do it right, once is enough.”  
~ Mae West

## October 2021 Dates to Remember

3-9 Healthcare Food Service

Worker Week

4 National Taco Day

10 National Angel Food Cake Day

11 Columbus Day/ Sausage Pizza Day

12 Pumpkin Pie Day

13 National M&M Day

14 National Desert Day

15 National Boss’s Day

17 National Pasta Day

18 National Chocolate Cupcake Day

19 Hocus Pocus Day

21 National Pumpkin Cheesecake Day

23 National Boston Cream Pie Day

24 National Bologna Day

26 National Pumpkin Day

28 National Chocolate Day

29 Halloween Party!

30 Beggar’s Night 5:30 -7:30

31 Halloween

## September Birthday Celebrations



## October Birthdays

### Staff

Sam Smith 10/8

Tasha Pace 10/9

Amy Davis 10/16

Paige Wasson 10/18

Addy Graham 10/21

### Residents

Lena Hart 10/14

Josephine Johnson 10/24



## Guess Who??

This resident was adopted as a baby and has lived in Decatur County all her life. She was an only child and enjoyed yearly family vacations. They visited almost all the states in the United States over the years. During school she was in FHA, Choir, and enjoyed helping the librarian during her study halls. She graduated from Leon High School and went on to beauty school in Centerville. It was soon apparent that this was not the right career for her, so she quit and went to nursing school, where she found her calling. She has 1 child and 2 grandchildren. She enjoys reading, coloring, watching TV, and going to the movies.



Last month's **Guess Who** was **Charles Livesay**

## Pumpkin Cream Cheese Muffins

### Muffin batter

- 1 package spice cake mix 15.25 ounce
- ½ teaspoon ground ginger
- 1 teaspoon ground cinnamon
- ½ cup molasses
- ⅓ cup vegetable oil
- ½ cup whole milk
- 3 large eggs



### Pumpkin Swirl

- 1 8 ounce package cream cheese, softened
- 1 large egg
- ⅓ cup granulated sugar
- ½ cup pure pumpkin puree (about ¼th a 15 ounce can)

1. In a large mixing bowl combine the ginger, cinnamon, molasses, oil, milk and 3 eggs until smooth. Stir in the spice cake mix.
2. In another bowl whisk together the cream cheese, 1 egg, sugar, and pumpkin puree.
3. Pour spice mix batter into prepared or lined muffin tins, until about halfway full. Top tins with pumpkin cream cheese batter.
4. Use the tip of a knife or a skewer to swirl the pumpkin cream cheese batter into the gingerbread.
5. Bake at 350F for 20-25 minutes or until a toothpick inserted into the center of a muffin comes out clean.

### Optional streusel topping:

Whisk together 1 part butter, 2 parts flour, and 4 parts sugar (e.g. ¼ cup butter, ½ cup flour, 1 cup sugar). A pinch of salt too if you'd like.

Add the topping immediately before baking.

Special **THANKS** goes out to all the volunteers that help make the resident's days better:

Barb Moore's family for donating activity supplies

Juanita White

Judy Craven

Eileen Funk for entertainment

Erma Troyer

Kevin Buckingham and Judy Craven for making homemade ice cream

The following churches for church services provided:

Osceola Community of Christ

Leon Salem Mennonite

Leon Christian Fellowship

If you would like to volunteer in the future contact Tiffany Young in our activity department.

### Names to Know

#### **Medical Director**

Nathan Allen, MD

#### **Dietary Manager**

Jessica Norman

#### **Administrator**

Rose Saxton

#### **Activities Director**

Tiffany Young

#### **Director of Nursing**

Malinda Graham

#### **Environmental Services**

Marlene Carlberg

#### **Office Manager**

Rachel Klingston

#### **Social Services**

Kelly Cozad

#### **QA Nurse**

Carla McIntosh

#### **Maintenance**

Don Showers

#### **MDS/Care Plan Coordinator**

Tara Green

If you would like an email copy of the newsletter or know someone that would like a paper copy of the newsletter let us know at [socialworker@grm.net](mailto:socialworker@grm.net) or call the number below.

**Westview Acres Care Center**

**203 SW Lorraine St**

**Leon, Iowa 50144**

**641-446-4165**

**<http://westview.leoncarecenters.com>**

## Resident Spotlight

This month the spotlight is on Darlene Hamilton! Darlene was born in Wayne County with 8 brothers and sisters. She went to school in Lineville, Pleasanton, and Leon where she met and married Darrell. They moved to a farm where they had milk cows and crops. Along with raising 2 boys and 2 girls, Darlene helped on the farm, was a homemaker, taught a ceramics class, and was a Sunday school teacher. Darlene and Darrell loved to go square dancing where Darrell was the caller. They liked to camp and travel and spent winters in Arizona and Texas after they retired. Darlene has always had a love for sewing and has made many beautiful quilts and wall hangings. She also likes to read.



Homemade Ice Cream and  
Bubbles!!!!



# Homemade Ice Cream and Bubbles!!!!!!



# OCTOBER 2021

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>CHURCH SERVICE 3</b>	<b>Wear Blue Shirt</b> 10:30 GROUP <b>NOODLE BALL</b>	<b>BEAUTY SHOP DAY 4</b> 10:30 GAME: MINUTE TO WIN IT 1:30 HAUNTED DOOR DECOR	<b>1:00 HEALTH WALK</b> <b>3:30 POSTA MANDALA</b> National Noodle Day	<b>8:30 Books on Wheels</b> <b>9:00 CATHOLIC MASS</b> 10:30 Making FRAPPES & CARD GAME 1:30 BIBLE STUDY FRAPPE DAY	<b>WEAR PURPLE</b> 10:30 GROUP <b>NOODLE BALL</b> 1:30 BINGO	<b>ALL DAY...</b> FIND FRIENDS & ENJOY THE BORDEN BUSTER TABLE	
<b>TRINITY CHRISTIAN CHURCH</b>	1:30 BINGO 3:00 MANICURES <b>DETECTIVE DAY</b>	TICK-TOCK TUESDAY	1:30 PRINT FOSSIL COOKIES 3:00 COOKIE, COFFEE, & CONVERSATION NATIONAL FOSSIL DAY	<b>10:30 WILL GAME</b> 1:30 BIBLE STUDY 3:00 PINE CONE OWL A HOOT of a DAY	<b>WEAR PINK</b> 9:00 CATHOLIC MASS 10:30 GROUP DRUMMIN 1:30 BINGO BOSS'S DAY	<b>ALL DAY...</b> FIND FRIEND & ENJOY THE BORDEN BUSTER TABLE. SCARECROW SAT	
<b>CHURCH SERVICE 10</b>	10:30 GROUP: <b>NOODLE BALL</b> 1:30 BINGO Columbus Day Cocktail 3:00 MANICURES COLUMBUS DAY	10:30 GAME: <b>SEQUENCE</b> 1:30 FALL LEAF CRAYON CRAFT 3:00 Eileen Funk- Piano ALL ABOUT ACORNS	1:30 PUMPKIN WINE GLASS ART 3:00 Monster Mash Dice Game MONSTER MASH DAY	<b>10:30 WILL GAME</b> 1:30 BIBLE STUDY 3:00 PINE CONE OWL A HOOT of a DAY	<b>WEAR PINK</b> 9:00 CATHOLIC MASS 10:30 GROUP DRUMMIN 1:30 BINGO BOSS'S DAY	<b>ALL DAY...</b> FIND FRIENDS & ENJOY THE BORDEN BUSTER TABLE. SCARECROW SAT	
<b>CHURCH SERVICE 17</b>	<b>WEAR MISMATCH</b> 10:30 GROUP <b>NOODLE BALL</b> 1:30 BINGO 3:00 MANICURES MISMATCH DAY	10:30 GAME: <b>FAMILY FUED</b> 2:00 MOVIE: HOCUS POCUS W/ POPCORN & PUNCH HOCUS POCUS DAY	<b>1:30 PUMPKIN WINE</b> GLASS ART 3:00 Monster Mash Dice Game MONSTER MASH DAY	<b>8:30 Books on Wheels</b> 10:30 PLAY GULF 1:30 BIBLE STUDY 3:00 Gratitude Stone THINK POSITIVE	<b>9:00 CATHOLIC MASS</b> 10:30 GROUP Drum 1:30 OCTOBER BDAY BASH NUT DAY	<b>ALL DAY...</b> FIND FRIENDS & ENJOY THE BORDEN BUSTER TABLE. BOO-tiful Day	
<b>CHURCH SERVICE 24</b>	10:30 GROUP <b>NOODLE BALL</b> 1:30 BINGO 2:30 GENERAL STORE 3:00 MANICURES WET NOODLE DAY	<b>Wear Orange &amp; Black</b> 10:30 GAME: WHEEL OF FORTUNE 1:30 CORKY PUMPKINS National Pumpkin Day	<b>WEAR CAMO</b> 1:30 Birdseed Ornaments 3:00 Resident Council 4:00 MOVIE Camouflage Animal Day	<b>WEAR COSTUME</b> 10:30 GROUP 1:30 BIBLE STUDY 2:00 Franklin School visiting JULIA ROBERTS BDAY	<b>WEAR COSTUME</b> 9:00 CATHOLIC MASS 10:30 GROUP 1:30 HALLOWEEN PARTY FRANKENSTEIN FRI.	<b>ALL DAY...</b> FIND FRIENDS & ENJOY THE BORDEN BUSTER TABLE CANDY CORN DAY	
<b>CHURCH SERVICE 31</b>	<b>Health Care Food Service Workers week 3rd - 9th</b> <b>LPN Nursing Week 3rd - 9th</b> <b>Health Care Facilities &amp; Engineering Week 24th - 30th</b>	<b>Health Care Food Service Workers week 3rd - 9th</b> <b>LPN Nursing Week 3rd - 9th</b> <b>Health Care Facilities &amp; Engineering Week 24th - 30th</b>	<b>WEAR BLUE BULLDOG AWARENESS</b>	<b>WEAR PURPLE FOR DOMESTIC AWARENESS</b> <b>WEAR PINK BREAKFAST CANCER AWARENESS</b>	<b>WEAR PURPLE FOR DOMESTIC AWARENESS</b> <b>WEAR PINK BREAKFAST CANCER AWARENESS</b>	<b>WEAR PURPLE FOR DOMESTIC AWARENESS</b> <b>WEAR PINK BREAKFAST CANCER AWARENESS</b>	