

November



This week our county's COVID positive rate soared so unfortunately, we will have to halt our indoor visits until further notice. We will continue with our window visits and outdoor visits; it does look like we will have some warmer weather the first week of November. Let's keep our fingers crossed that the weather will hold out a bit longer and our county rate will start to decline.

We have had several ask what qualifies as a compassionate care visit. The guidance we have been given lists the following as examples of compassionate care visits:

- End of life scenarios
- A resident, who was living with their family before recently being admitted to a nursing home, is struggling with the change in environment and lack of physical family support
- A resident who is grieving after a friend or family member recently passed away
- A resident who needs cueing and encouragement with eating or drinking, previously provided by family and/or a caregiver, is experiencing weight loss or dehydration
- A resident, who used to talk and interact with others, is experiencing emotional distress, seldom speaking or crying more frequently

Unfortunately, due to COVID, we will not be able to host our annual Thanksgiving Dinner. We were hoping to have restrictions lifted but we have not seen that yet so feel we need to cancel this event this year.

We are now able to have group activities and communal dining however we do have to maintain social distancing and we do encourage residents to wear their masks when appropriate.

I know this year has given us many new challenges to overcome and planning for the Holidays will give us yet another challenge. I encourage you to still include your loved ones in your holiday planning but to think outside of the box when doing so. We do have several laptops and tablets we can use to Facetime and Zoom. These need to be set up in advance but would enable you and your families to connect with your loved one during the Holidays. Residents love to get mail, send cards and pictures they can hang on their door or put on their table to enjoy throughout the season. And a good ol' telephone call is always a good way to connect. Please do not hesitate to reach out to us if you need help setting up a time to visit.

Rose Saxton

"Thanksgiving is really a holiday that allows us all, if only for a day, to stop what we're doing and consider the wonderful people in our lives and the opportunities we have and have had. ~Trish Reagan

November 2020 Fun Days

- 1 Daylight Savings Time Ends
- 2 Memorabilia Monday
- 3 Election Day
Wizard of Oz Anniversary
- 4 Dream Catcher Day
- 5 Roy Rogers Birthday
National Doughnut Day
- 6 Hoops Day
- 9 Nuts about Peanut Butter
- 10 Vanilla Cupcake Day
- 11 Veteran's Day
- 13 World Kindness Day
Indian Pudding Day
- 16 Aviation History Day
- 17 World Peace Day
- 18 Micky Mouse Birthday
- 21 Gingerbread Cookie Day
- 23 A Nutty Day
- 25 International Hat Day
- 26 Thanksgiving/Cake Day
- 28 French Toast Day
- 29 Lemon Crème Pie Day

October Birthdays



Thoughts and Prayers go out to family and friends of Dorothy Buckingham

Good Luck goes out to Bill Osmon

Welcome to Maizel Dunn, Barb Moore, and Doyle South!



Residents

Barb Klingston 11/10

Maynard Yoder 11/30



Staff

Jen Ehrlich 11/07

Molly Stewart 11/12

Peyton Fry 11/26

Gina Hommer 11/29



Spooky Spider Rice Krispies!!!

And Columbus Day Drinks



monster cookie pudding parfait



Yummy Pretzels!!

Monster Doughnuts!



Guess Who??

This month's Guess Who was born NW of Lineville in the country. She was the youngest with 1 sister and 3 brothers and went to school in Lineville and then Garden Grove. She went on to college and received her teaching degree. She married and taught school for 15 years before becoming the 1st Head Start Director. She enjoyed that but missed the classroom so went back to teaching elementary until retirement. She and her husband farmed and would travel in the summer months all over the country. Some hobbies include reading, writing, and listening to music. She is very spiritual and has always been involved with her church.



Last month's **Guess Who** was **Ruth Butcher**

And the winner was **Alexis Jensen**



We had a GREAT turnout for our Halloween walking parade!! Thanks to all that participated!!

Southern Cornbread Dressing

1/2 C butter
3 C diced celery
2 C diced sweet onions
1/2 C finely chopped fresh sage



Cornbread crumbled
3 C soft, fresh breadcrumbs
4 large eggs, lightly beaten
7 C chicken broth
1 TBS ground pepper

Directions

Preheat oven to 400°. Melt butter in a large skillet over medium-high heat; add celery and onions, and sauté 5 to 6 minutes or until onions are tender. Stir in sage, and sauté 1 minute. Stir together Cornbread Crumbles and breadcrumbs in a large bowl. Stir in eggs, next 2 ingredients, and celery mixture, stirring until blended. Divide cornbread mixture between 1 lightly greased 13- x 9-inch baking dish and 1 lightly greased 8-inch square baking dish. Bake at 400° for 45 to 55 minutes or until set and golden brown.

Names to Know

Medical Director

Larry Richard, MD

Administrator

Rose Saxton

Director of Nursing

Malinda Graham

MDS/Care Plan Coordinator

Tara Arnold

QA Nurse

Carla McIntosh

Office Manager

Rachel Klingston

Activities Director

Tiffany Young

Dietary Manager

Jessica Norman

Social Services

Kelly Cozad

Environmental Services

Marlene Carlberg

Maintenance Barry Houk

If you would like an email copy of the newsletter or know someone that would like a paper copy of the newsletter let us know at socialworker@grm.net or call the number below.

Westview Acres Care Center
203 SW Lorraine St
Leon, Iowa 50144
641-446-4165
<http://westview.leoncarecenters.com>

Resident Spotlight

This month our spotlight is on Ladine Palmer!! She grew up on the farm with 1 brother. After graduating from Leon High School she worked in the drug store. That is where she met her husband, as he delivered the Sunday paper. They married before he went into the Army and she traveled with him. While stationed in Maryland, she worked in an airplane factory. Once they settled back home she worked at O'Bryan Brothers and helped run the farm. They had 3 boys and 1 girl. She was involved in a neighborhood club, the community center, and her church. Ladine likes to read and visit with friends and family.



More Trick or Treaters

Halloween Fun!!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 6:30 Church Service in West Dining Room Dovlight Sewing Time Ends	2 10:30 Group Exercise 1:00 BINGO 4:00 Turkey Magnets Manicure Monday Memorabilia Monday	3 10:30 Leaf Sun Catchers 2:00 Movie The Wizard of Oz ** Activity Packet ** Treat Tuesday Cart Anniversary of the Wizard of Oz	4 10:30 Group Exercise 1:00 Making Dream Catchers 4:00 One on One Room Visits ** Grocery Day Dream Catcher Day	5 10:30 Catholic Mass in West Dining Room 1:00 Popsicle Stick Turkey ** Activity Packet ** Thirsty Thursday Cart Happy Birthday Roy Rogers	6 10:30 Group Exercise 1:00 Autumn Leaf Painting 4:00 Color & Build a Scarecrow Hoops Day	7 4:00 Pencil Holder Turkey ** Activity Packet
8 2:00 Chalk Leaf Craft 6:30 Church Service in West Dining Room	9 10:30 Group Exercise 1:00 BINGO 4:00 Peanut Butter Bird Feeder Manicure Monday Nuts about Peanut Butter Da	10 1:00 Decorate Gingerbread Man ** Activity Packet ** Treat Tuesday Cart Vanilla Cup Cake Day	11 10:30 Group Exercise 1:00 Pony Bead Pumpkins & Indian Corn 4:00 Poppy Wreaths for Veterans Day ** Grocery Day Veterans Day Remembrance Day (Canada)	12 10:30 Catholic Mass in West Dining Room 1:00 Hand Print Turkey ** Activity Packet ** Thirsty Thursday Cart World Kindness Day	13 10:30 Group Exercise 1:00 Fall Door Wreaths 4:00 Smiley Face Masks	14 2:00 Movie & Treat in West Dining Room
15 6:30 Church Service in West Dining Room	16 10:30 Group Exercise 1:00 BINGO 4:00 Christmas Star Manicure Monday Aviation History Day	17 1:00 Reverse Pumpkin & Snowman ** Activity Packet ** Treat Tuesday Cart World Peace Day	18 10:30 Group Exercise 1:00 Mickey Mouse Ears 4:00 Reverse Pumpkin & Snowman Cont. ** Grocery Day Happy Birthday Micky Mouse	19 10:30 Catholic Mass in West Dining Room 1:00 Color & Build a Turkey ** Activity Packet ** Thirsty Thursday Cart	20 10:30 Group Exercise 1:00 Gipsyamon Ornaments 4:00 Coffee Filter Snow Flakes ** Activity Packet	21
22 2:00 Salt Dough Hand Ornament 6:30 Church Service in West Dining Room	23 10:30 Group Exercise 1:00 BINGO 4:00 Hand Ornament Cont. Painting Manicure Monday A Nutty Day	24 1:00 Finger Painting ** Activity Packet ** Treat Tuesday Cart World Peace Day	25 10:30 Group Exercise 1:00 Santa Pants Center Piece 4:00 Rudolf Christmas Ornament ** Grocery Day International Hat Day	26 HAPPY THANKSGIVING 9 a.m. - Noon MACY'S DAY PARADE Channel 13 also in West Dining Room Thanksgiving Day (US)	27 10:30 Group Exercise 1:00 Bread Dough Gratitude Ornament 4:00 Yarn Christmas Tree	28 2:00 Movie & Treat in West Dining Room Grand Ole Opry's Birthday
29 6:30 Church Service in West Dining Room	30 10:30 Group Exercise 1:00 BINGO Christmas Tree up West End Manicure Monday					

NOVEMBER 2020