



May 2021

April showers have us looking forward to May flowers, but the month of May hosts National Nursing Home Week as well as Nurses' Week. The theme for National Nursing Home week is "Together through the Seasons". I am sure we can all agree the last year has been a trial of seasons like no other but with perseverance and dedication we have made it and continue to adapt to the new norm.

During Nurses' week we get to celebrate all the hard work our nurses do day in and day out, going above and beyond what is "required", giving of themselves and of their families. Please say thank you to a nurse when you have a chance!

Have a beautiful month!

Rose Saxton

"To do what nobody else will do, in a way that nobody else can, in spite of all we go through, is to be a nurse." —Rawsy Williams, JD, BSN, RN, PhD

1 **May Day** / Chocolate Parfait Day

3 Chocolate Custard Day/ **2 Different Shoes Day**

5 **Cinco de Mayo** / Enchilada Day

6 -12 Nurses' Week

8 Coconut Cream Pie Day

9 **Mother's Day** / Shrimp Day

9-15 Nursing Home Week

12 Nutty Fudge Day

13 Apple Pie Day / Fruit Cocktail Day

14 Buttermilk Biscuit Day

15 Chocolate Chip Day/**Armed Forces Day**

16 Barbecue Day

17 Cherry Cobbler Day/**World Baking Day**

19 Devil's Food Cake Day

21 Strawberries and Cream Day

22 Vanilla Pudding Day

24 **Outlaw's Day**

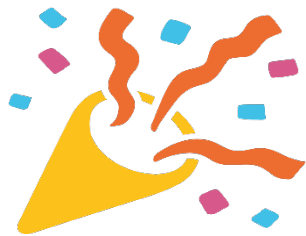
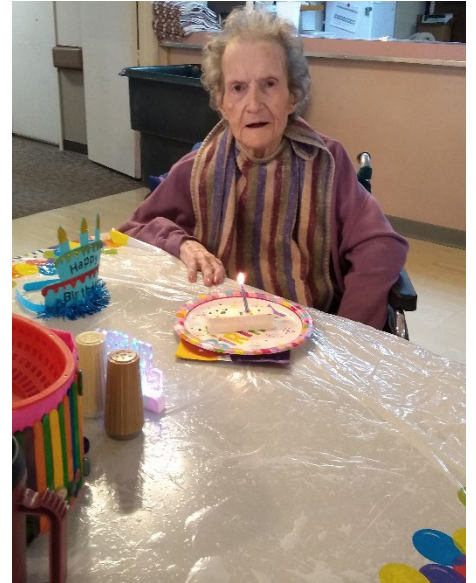
25 Brown-Bag-It Day

26 Blueberry Cheesecake Day/Cherry Dessert Day

28 Brisket Day

31 **Memorial Day**

April Birthdays



Residents

Marvin Stone 5/10

Donna Johnson 5/13

Darlene Hamilton 5/5

May Birthdays



Staff

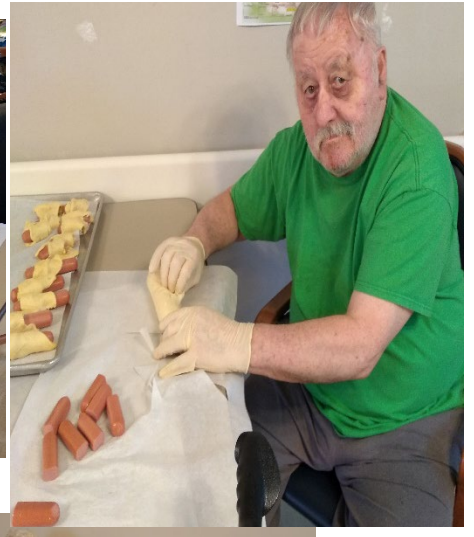
Ashlie Ball 5/4

Mike Webster 5/1

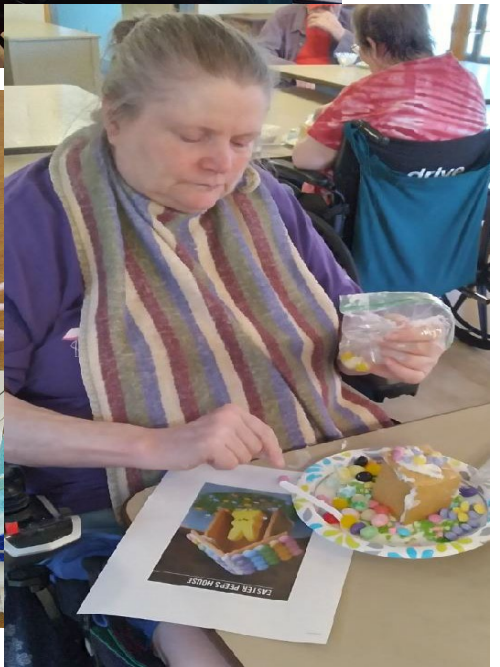
Cassadie Waugh 5/25

Alex Graham 5/28

A **Thank You** goes out to Loving Chapel and Calvary Baptist Churches for providing services to our residents in April. Thank you in advance to those churches who will be providing services in the future.



April
Activities



Names to Know

Medical Director

Larry Richard, MD

Administrator

Rose Saxton

Director of Nursing

Malinda Graham

MDS/Care Plan Coordinator

Tara Arnold

QA Nurse

Carla McIntosh

Office Manager

Rachel Klingston

Activities Director

Tiffany Young

Dietary Manager

Jessica Norman

Social Services

Kelly Cozad

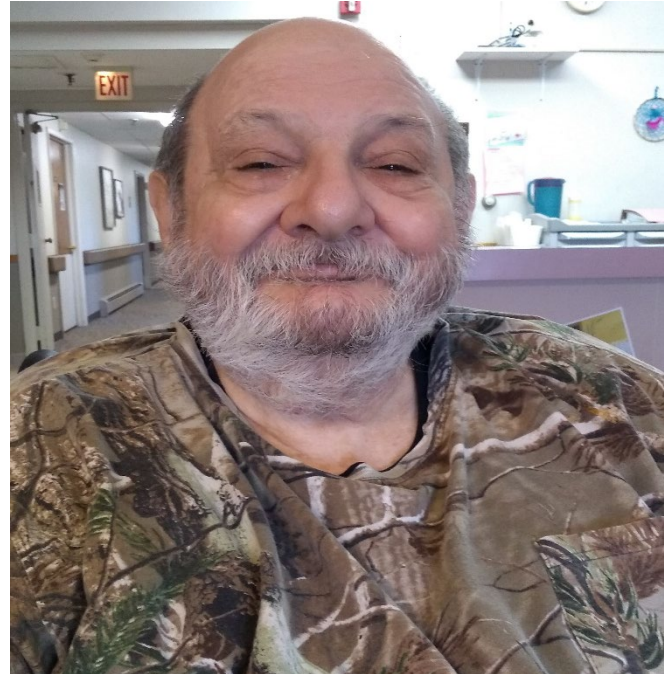
Environmental Services

Marlene Carlberg

Maintenance

Mike Webster/Don Showers

Resident Spotlight



This month's spotlight is on Joe Ragusi!! Joe was born and raised in New Jersey with 1 brother. He went to high school in Camden, NJ and then signed up for the Navy. When he returned home, he became a truck driver. Joe has driven in all 48 states over the years in the semi. He came to visit family in Iowa and decided to stay here. Joe has 10 children and enjoys working in the yard and watching T.V. His favorite food is ravioli but likes all Italian food.

Nursing Home Week Activities



10th Dress Like It's Christmas

11th Wear Tie Dye

12th Dress Hawaiian/Beachy

13th Represent Football

14th Dress in Westview Spirit

Philly Cheesesteak Meatloaf

- 2 TBS butter
- 1 sm yellow onion diced
- 1 sm green bell pepper diced
- 8 oz brown mushrooms minced
- 1/2 tsp Kosher salt
- 1/2 tsp fresh ground black pepper
- 2 lbs ground beef 80/20 or 85/15
- 2 TBS ketchup
- 2 TBS Worcestershire sauce
- 2 eggs
- 1 cup panko breadcrumbs
- 8 oz Provolone Cheese Slices



- Preheat the oven to 375 degrees and spray a large loaf pan with cooking spray.
- In a large skillet, add the butter, onions, bell peppers, mushrooms, salt and pepper.
- Let brown for 1-2 minutes before stirring, then let brown for another 1-2 minutes before stirring again.
- Let cool for five minutes.
- In a large bowl add the ground beef, ketchup, Worcestershire sauce, eggs, panko breadcrumbs and the cooled vegetable mixture.
- Add half the mixture to your loaf pan then add half of the cheese to the middle of the pan in a 2-inch-wide section (I cut the slices into thirds for the right width).
- Cover with the rest of the meat and form into a rounded top loaf shape.
- Cook for 40 minutes, then pull out of the oven, cover with remaining cheese and put back in.
- Cook for 15-20 minutes, then let rest for 10 minutes before cutting.

If you would like an email copy of the newsletter or know someone that would like a paper copy of the newsletter let us know at socialworker@grm.net or call the number below.

Westview Acres Care Center

641-446-4165



Guess Who??

This resident was born and raised in Bethany, Missouri with 3 brothers. After graduating from Bethany High School, she married right away and started a family. They raised a boy and a girl. Through her life she has traveled extensively all over the U.S. to the National Parks, and abroad to England, Ireland, and Israel. She enjoyed dancing on Friday nights at the Eagles in Osceola. This resident loved to garden, sew, crochet, knit, and cook.

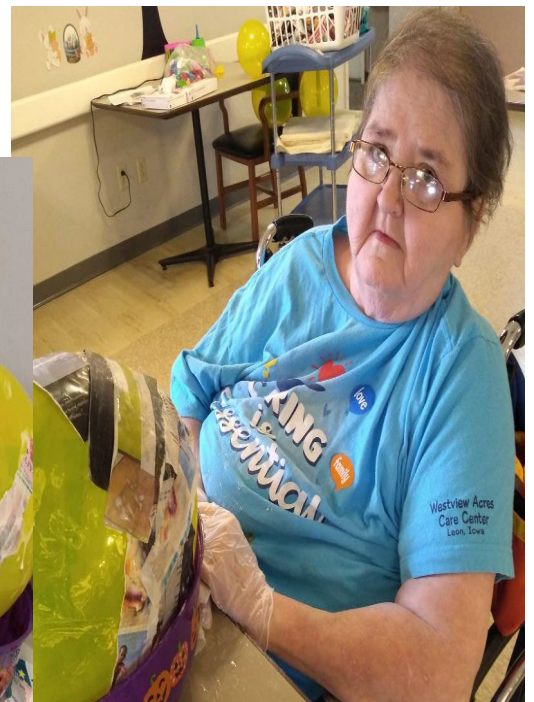
Last Month's Guess Who was

James Arndorfer

And the winner was Ashlie Ball



Making Pinatas



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MAY All Your Weeds Be Wildflowers

MAY 2021



										1
	2	3	4	5	6	7	8	9	10	11
	12	13	14	15	16	17	18	19	20	21
	22	23	24	25	26	27	28	29	30	31

MAY'S EVENTS

SKILLED NURSING CARE WEEK 9TH - 15TH
 NURSES WEEK 6TH - 12TH
 MENTAL HEALTH AWARENESS
 NATIONAL MILITARY APPRECIATION



National Skilled Nursing Care Week - May 9-15, 2021



DAY 1 OF 4 SEASONS 10
 ~ WINTER ~
 1:00~ CELEBRATION DRESS LIKE IT'S CHRISTMAS
 #SNOWMAN BOWLING
 #DECORATE SUGAR COOKIE

DAY 2 OF 4 SEASONS 11
 ~ SPRING ~
 1:00 CELEBRATION WEAR THE DYE
 # DRIVE IN MOVIE:
 # CONCESSION STAND

DAY 3 OF 4 SEASONS 12
 ~ SUMMER ~
 DRESS HAWAIIAN/BEACHY
 # CORN HOLE BASEBALL
 # LUU RACE
 # HULA HOOP CONTEST
 ICE CREAM SUNDAY BAR

DAY 4 OF 4 SEASONS 13
 ~ FALL ~
 REPRESENT FOOTBALL
 #DEER/STAFF HUNTING
 #I GRABBER STICK APPLE CIDER
 APPLE PIE&CARAMEL SLICES
 BOBBING

SEASONS FINALE 14
 SPRINGING FORWARD TO NEW BETTER YEAR
 DRESS IN WYACC SPIRIT
 #BBQ #MAKING SMORES
 # 50'S MUSIC MIX ACT. PKET

ALL DAY...
 FIND FRIENDS & ENJOY THE GAME TABLE IN THE WEST DINING ROOM
 ARMED FORCES DAY

10:30 GROUP
 1:30 BINGO
 3:30 MANICURES
 ACTIVITY PACKET

1:30 BE THE LIGHT MENTAL HEALTH WALK & RIDE
 TREAT CART~
 DOLPHIN CUPS = FRESH FRUIT - BANANA & GRAPES

10:30 GROUP
 1:30 SAND ART
 3:30 RESIDENT COUNCIL
 ACTIVITY PACKET
 ALL BOTTLED UP DAY

1:30 BLUE JEAN CRAZE
 WEAR BLUE JEANS
 3:30 GAME
 THIRSTY CART:
 RAINBOW PUNCH
 BLUE JEANS BIRTHDAY

10:30 GROUP
 WEAR GREEN FOR MENTAL HEALTH AWARENESS
 1:30 FLOWER BASKETS
 FLAVOREFUL TEA CART
 INTERNATIONAL TEA

ALL DAY...
 FIND FRIENDS & ENJOY THE GAME TABLE IN THE WEST DINING ROOM
 WHATS THE RACKET

10:30 GROUP
 1:30 BINGO
 3:30 MANICURES
 ACTIVITY PACKET
 OUTLAWS DAY

1:30 MAKING NO BAKE PEANUT BUTTER BALLS
 TREAT CART~
 PEANUT BUTTER BALLS

10:30 GROUP
 1:30 MOVIE:
 JOHN WAYNE
 POPCORN & POP
 ACTIVITY PACKET
 DUKES DAY

1:30 BUTTON DISH
 3:30 GAME
 TREAT:
 POPSICLES
 GRAPE POPSICLE DAY

10:30 GROUP
 1:30 MAKE BEADED SUNCATCHER
 3:30 GAME
 ACTIVITY PACKET
 HEAT & SUN SAFETY DAY

ALL DAY...
 FIND FRIENDS & ENJOY THE GAME TABLE IN THE WEST DINING ROOM
 PAPERCLIP DAY

10:30 BINGO
 3:30 MANICURES
 ACTIVITY PACKET
 MEMORIAL DAY
Memorial Day