

It seems that 2021 is flying by, March is already here! I am anxious for spring, the green grass, flowers and warmer days!

COVID-19 continues to take us on what seems like a never-ending roller-coaster ride. In February we saw our county positivity rate decline, that along with no new positive cases in our residents or staff allowed us to again host indoor visits. Unfortunately, that had to come to an abrupt stop when we had a staff member test positive for COVID-19. I know it is disappointing and frustrating, but we continue to do what we can to keep everyone safe. We encourage staff to take precautions when not in the building to help minimize the spread of COVID-19 however due to the nature of the virus, we are not able to completely prevent someone from contracting it. We will continue to test staff and residents and as soon as we can, we will begin indoor visits.

In the meantime, please take advantage of the nice weather and pop in for a window visit or set up a virtual visit. And as always, we will consider a compassionate care visit when requested.

Bring on Spring and warm weather!

Rase Saxtan

"Be yourself; everyone else is already taken." ~ Oscar Wilde

Fun Dates for March 2021

1st Banana Cream Pie Day

2nd Dr Seuss Day

- 4th Marching Band Day
- 6th Oreo Day

9th Meatball Day

- 11th Johnny Appleseed Day
- 13th Chicken Noodle Soup Day
- 14th Daylight Savings Time/

Potato Chip Day

17th St. Patrick's Day/

Irish Food Day

18th Sloppy Joe Day

- 19th Oatmeal Cookie Day
- 20th Spring Begins
- 22nd Goof Off Day
- 25th Waffle Day
- 26th Purple Day
- 28th Palm Sunday





Slow Cooker Cheesy Potatoes and Ham

Ingredients

- 6 cups (6 medium) thinly sliced peeled potatoes
- 1 medium onion, coarsely chopped (1 cup)
- 1 1/2 cups cubed cooked ham
- 1 can condensed cream of mushroom soup
- 1/2 cup milk
- 1 1/2 cups shredded Cheddar cheese (6 oz)
- 1/4 teaspoon pepper

Steps

Spray 3- to 4-quart slow cooker with cooking spray. In large bowl, mix potatoes, onion and ham; spoon into slow cooker.

In medium bowl, mix soup, milk, cheese and pepper; pour over potato mixture.

Cover; cook on High heat setting 3 to 4 hours or until potatoes are tender. Gently stir potatoes before serving.

Staff

- Carla McIntosh 3/18
- Alaina Applegate 3/22
- Caitlyn Jones 3/23

Elly Sheetz 3/23

Alexis Peters 3/26

Lori Lewis 3/27

Pam Burnette 3/31



March Birthdays

Residents Barb Moore 3/2 Ladine Palmer 3/10 Doris Olson 3/18 Ruth Butcher 3/28

Guess Who???

This resident was born in Des Moines and went to school at Saydel and then Osceola, where she graduated. She had 4 sisters and 1 brother. She worked for Look Magazine in Des Moines while married and had 5 children. They often traveled around the United States and has lived in Colorado, Virginia, and Missouri in her lifetime. she was a member of the Red Hat Club and enjoyed bowling, crocheting, and making quilts.

Last month's GUESS WHO was Maizel Dunn And the winner was Kessa Hindman





If you would like an email copy of the newsletter or know someone that would like a paper copy of the newsletter let us know at <u>socialworker@grm.net</u> or call the number below.

Westview Acres Care Center

203 SW Lorraine St

Leon, Iowa 50144

641-446-4165

http://westview.leoncarecenters.com



We decided to **CRUSH COVID!!!**











Names to Know **Medical Director** Larry Richard, MD Administrator Rose Saxton **Director of Nursing** Malinda Graham **MDS/Care Plan** Coordinator Tara Arnold **QA Nurse** Carla McIntosh **Office Manager** Rachel Klingston **Activities Director Tiffany Young Dietary Manager** Jessica Norman **Social Services Kelly Cozad Environmental Services** Marlene Carlberg Maintenance Mike Webster/Don Showers









Valentine's Day Celebration









February Birthdays!!!



Resident Spotlight

Our resident spotlight this month is on Charles Livesay!!! He was born in Ottumwa and attended country school thru the 8th grade and graduated from Clarke County High School. He grew up on a farm with 1 sister and continued farming as an adult. Charles served in the Army National Guard for 6 years and married his sweetheart, whom he met when she started working in his mom's beauty shop. He continued to farm for 36 years and they raised 2 boys and now have 8 grandchildren and 12 great-grandchildren. He also started a mowing business, which he really enjoyed, and drove a school bus for Clarke County Schools. Charles likes to hunt, fish, go



camping, raise a garden, and watch car racing. He also loved riding his motorcycle.

It's all fun and games!!!!





PALM SUNDAY	-	SUNDAY	L OALM	CHURCH SERVICE 28	MEMORY DAY		WITH TABLETS	CHURCH SERVICE	21	DAY LIGHT SAVINGS TIME	9		WITH TABLETS	CHURCH SERVISE	11	MAD FOR PLAID DAY	6	WITH TABLETS	CHURCH SERVICE	7	DAFEODIL					Sunday
THE BRIGHT SIDE OF LIFE	ACTIVITY PACKET	3:30 MANICURES	1:30 BINGO	10:30 GROUP 29	GOOF-OFF DAY	ACTIVITY PACKET	3:30 MANICURES	1:30 BINGO	10:30 GROUP 22	MID-MONTH MIRTH DAY	*** MINT SHAKES ***	ACTIVITY PACKET	3:30 MANICURE		10:30 GROUP 15	THE SKIPPER TOO DAY	ACTIVITY PACKET	3:30 MANICURES	1:30 BINGO	10:30 GROUP 8	WELCOME TO MARCH DAY	Mint Choc Chin Ice Cream	3:30 MANICURES	1:30 BINGO & GENERAL STORE	10:30 GROUP	Monday
VAN GOGH DAY	TREAT CART= PISTACHIO CREAM PIE		1:30 EASTER CENTER PIECES	10:30 GROUP 30	NATIONAL PUPPY & CUDDLY KITTEN DAY	SHAMROCK BARS	SOCK BUNNIES	1:30 FOAM CUP BUNNIES	10:30 GROUP 23	NATIONAL PANDA DAY	TREAT CART=	PARTY	CHARM CRAFT	1:30 LUCKY SHAMROCK	10:30 GROUP	FORD MUSTANG DAY	TREAT CART= SHAMROCK SHAKE LASAGNA	FLOWERS	1:30 MAKE TISSUE	10:30 GROUP 9	CAT IN THE HAT DAY	TREAT CART= SERVED ON MONDAY	3:30 EGG CREATE BUNNY	1:30 LEPRECHAN STICK CRAFT	10:30 GROUP 2	Tuesday
SYMPHONY DAY	ACTIVITY PACKET		1:30 COLOR EASTER EGGS	18	ELVIS ARMY ANNIVERSARY	ACTIVITY PACKET	3:30 MOVIE: ELVIS, GI BLUES	BASKET	1:30 BUILD A PAPER 24	ST. PATRICKS DAY	1:00 ST.PAT PARTY		Antinb's	Hand Hand	71	CLOVER ALL OVER DAY	ACTIVITY PACKET	SISU RESIDENT COUNCIL		1:30 MAKE FLUFFY PAIND	WORLD WILDLIFE DAY	ACTIVITY PACKET		ONE ON ONE DAY	3	Wednesday
			*		WHAT A LOVLY DAY	SHENANIGAN PUNCH	3:00 BIBLE STUDY	1:30 EASTER DOOR	10:30 GROUP 25	PILLSBURY DOUGHBOY BD	LEPRECHAN LEMONADE GROCERY DAY	THIRSTY CART=	2:00 BIBLE STUDY		10:30 GROUP 18	JONNY APPLESEED DAY	LEPRECHAN COOLERS	3:00 BIBLE STUDY	1:30 SHAMROCK	10:30 GROUP	MARCHING BAND DA	GROCERY DAY	3:00 BIBLE STUDY THIRSTY CART=	1:30 RAINBOW TWRILERS	10:30 GROUP 4	Thursday
	3				ACTIVITY PACKET	ALL WEAR PURPLE	3:30 GAME TABLE	1:30 ROSETTE BUNNY CRAFT	10:30 GROUP 26	NATIONAL LAUGH DAY	SNACK I REAL	** LUCKY PUDDING CUPS *	3:30 GAME TABLE	1:30 TPR BUNNY CRAFT	10:30 GROUP 10	PLANT A FLOWER DAYUR	ACTIVITY PACKET	3:30 PLANT FLOWERS	1:30 DECOR FLOWER POT	10:30 GROUP 12	ACTIVITY PACKET CINCO DE MARCHO DAY	ALL WEAR ORANGE DAY	3:30 CLOVER DOOR HANGER	1:30 PAINT DECOR PARTS	10:30 Group 5	Friday
KOK I	rede				PASSOVER BEGINS @ SUNDOWN		WEST DINING ROOM	FIND FRIENDS &	ALL DAY- 27	SPRING	FIRST DAY OF	WEST DINING ROOM	ENJOY GAMES IN THE	ALL DAY-	nc n	K-9 VETERANS DAY		WEST DINING ROOM	FIND FRIENDS &	10	UMBRELLA DAY		THE WEST DINING ROOM		ALL DAY - 6	Saturday