



## WESTVIEW ACRES CARE CENTER

*Service through Caring*

### WORDS FROM OUR ADMINISTRATOR

This time of the year always makes me reflect on loved ones, traditions, the past, the present and the future. Reflecting on the past year brings a bundle of emotions; sadness at the loss of loved ones, loss of opportunity and loss of time, but joy, peace, and happiness for all that was good and filling throughout the year. As I think about the present I feel blessed to have so many and so much in my life to be thankful for. As I think about the future I have excitement and fear for the unknown. We have made many changes over the last couple of years and we hope to make even more positive changes in the coming year. Through the hard work and dedication of the Westview Acres staff, we recently earned 4 Stars on CMS' 5-star rating system. This is great news for everyone at Westview because it shows we are working hard to make Westview a better place for our families. It also clearly sets our goal for next year: 5 stars! I believe with the great staff we have that goal is very attainable. I am very proud of the staff for working so hard for the families at Westview Acres and am looking forward to where 2018 takes us.

It was great to see everyone for our Thanksgiving meal and I believe it is safe to say all had a good time celebrating with family and friends. Thank you to all who were able to make it and hope to see everyone December 15<sup>th</sup> for the Christmas Party!

Happy Holidays

*Rose Saxton*

Administrator

## December 2017

## Newsletter

### December Happenings

- 4- National Cookie Day
- 7- Pearl Harbor Day
- 12- Hanukkah begins
- 15- National Ugly Sweater Day
- 15- Christmas Party
- 21- Winter begins
- 25- Christmas Day
- 26- Kwanzaa begins





We had about 130 guests come to celebrate with us for Thanksgiving. We had a fabulous meal of turkey with all the trimmings and don't forget the pumpkin pie!!



A great big thanks goes out to all that helped make it a wonderful day.



The residents enjoyed having their friends and family here for the celebration.



# December Birthdays



## Residents

Berniece Ross 12/7  
 Donna Flummer 12/10  
 Mary Schuldt 12/21  
 Donna Fulton 12/24  
 Glenna Hein 12/25

## Staff

Samantha Hill 12/19  
 Sierra McElfish 12/24  
 Anita Brobst 12/26

What do you  
 call an elf  
 that sings???



ELFIS!!!!

## Resident Spotlight



This month's resident is Georgia Allen. Georgia is a Decatur County native and went to high school in Grand River. She comes from a large family that had a farm outside of Grand River. She was married to Don Allen until he passed in 1991. Georgia came to live here in June 2016 and just celebrated her 99<sup>th</sup> birthday in November. She really enjoyed all her birthday wishes and cards. She's always smiling when you see her and she likes to people watch.

## GUESS WHO?



We would like to ask all the families to provide us with a picture of your loved one from when they were younger. We will post the picture in the facility and in the newsletter for a “Who is this?” contest.

**We are going to be celebrating National Cookie Day on Monday, December 4<sup>th</sup> by decorating cookies. Come join us for the fun!!!!**



## Activity Notes from Diann Johnson

We are gearing up for our Christmas celebration on December 15th. We will be celebrating by wearing our ugly Christmas sweaters and competing for the “Ugliest” sweater. Due to limited space, please no more than 3 guests per resident. Reminder to the families to let Diann Johnson know, or if she’s not there please leave note on Activity door to let her know, if you brought a present for your loved one before the party. Also, please call Diann Johnson if you are going to wait until the day of the party to bring gift in that way we can all make sure that each and every Resident gets something to open. Thank you so much for your help in this very important matter. Can’t wait to see all of you!!  
1-641-446-4165

## Names to Know

- Medical Director  
Larry Richard, MD
- Administrator  
Rose Saxton
- Director of Nursing  
Malinda Graham
- MDS/Care Plan Coordinator  
Heather Boswell
- QA Nurse  
Carla McIntosh
- Office Manager  
Carrie Boswell
- Activities Director  
Diann Johnson
- Dietary Manager  
Jessica Norman
- Social Services  
Kelly Cozad
- Environmental Services  
Marlene Carlburg
- Maintenance  
Mike Webster

**Thoughts and Prayers go out to  
the family and friends of:**

**Louise Applegate**

**Thayis Breckenridge**

**Bobby Smith**

**Good Luck to:**

**Ruby Beaver**

**Max Greenland**

**Margaret Lubberts**

**Welcome:**

**Connie Clausen**

**Housekeeping notes** from Marlene Carlburg

Just a reminder to families that give clothing as gifts to the residents; please put their name in the clothes so we can keep them with the right person. Thank you and have a great holiday season!!

## Office Tidbits from Carrie Boswell

Did you know that you can reserve our North Dining Room if you have a large group that wants to celebrate with a resident here? Just call Carrie in the Business Office as soon as you can with a date and time and she will get it reserved for you. With the holidays coming up it does get booked up so call ASAP to ensure you can get the time you want.



## Holiday Greetings from Malinda Graham, DON

I just want to take a moment and wish everyone a wonderful holiday season. During this time of year we see a lot more visitors coming through our door. Our resident's and staff absolutely love seeing all of your faces and it adds to the magic of this time of year. I do have a couple reminders as more visitors can also mean more bugs. Please remember to wash your hands frequently and utilize the hand sanitizer made available in the facility. Also, if you're feeling a bit under the weather, please plan another time to come for a visit. Your loved ones are more susceptible to illness and the illnesses can have a far more severe effect on them.

Another topic I would like to cover is privacy and dignity. In the excitement of coming to see your loved one, you may not think about them sharing a room or perhaps being in a situation that they, themselves, would appreciate some privacy. If you notice that the door to their room is shut, please knock and do not enter unless permission is granted. You may hear staff say, "cares" or something like that in response to the knock. This is our universal way of saying that you should not enter the room at this time. If you do not get a response when knocking, simply ask a staff member to check and see if you can enter. We all want to remember this is your loved one and many other individual's home and we must respect their privacy at all times.

I hope that everyone has a beautiful holiday with their families and safe travels throughout the season. I want to wish you all a very Merry Christmas and a Happy New Year!

See you in 2018,

Malinda Graham R.N./D.O.N.