



Fun Days for August 2021

- 1 Raspberry Cream Pie Day
- 2 Ice Cream Sandwich Day/ Friendship Day
- 3 Watermelon Day
- 4 Chocolate Chip Cookie Day
- 8 Frozen Custard Day
- 9 Rice Pudding Day
- 11 Play in the Sand Day
- 15 Lemon Meringue Pie Day
- 16 Brat Day
- 17 Baby Boomer Day
- 22 Sunflower Day
- 24 Peach Pie Day
- 25 Wizard of Oz Day
- 26 National Dog Day
- 27 Banana Day

Thank you to everyone who participated in or helped in anyway with our 4<sup>th</sup> of July parade for the residents. It turned out to be a beautiful day and the residents loved it!

August marks 18 months since the onset of Covid and we had to close our doors. We are so grateful we are able to allow family and friends indoors for visits. I was not sure we were ever going to be able to do that again so what a blessing it is. We do ask that you call ahead to schedule your visit and then call the facility once you arrive so we can screen you in. This is for everyone's safety. We also have lots of space outside for visiting, the fresh air is good for all of us and while you are at it, take a stroll and look at the beautiful flowers. Kelly Cozad is our gardener, she has quite the knack for keeping all the plants happy and healthy

Have a beautiful month!

Rose Saxton

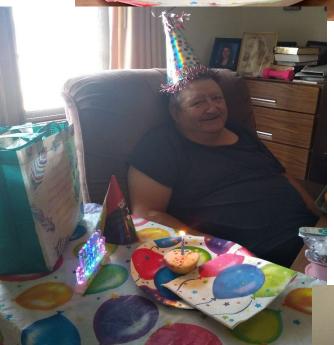
"To live is the rarest thing in the world. Most people exist, that is all." ~ Oscar Wilde

A friend is one of the nicest things you can have and one of the best things you can be. *Douglas Pagels* 

# July Birthday Celebrations











#### Names to Know

Medical Director

Nathan Allen, MD

Administrator

Rose Saxton

**Director of Nursing** 

Malinda Graham

MDS/Care Plan Coordinator

Tara Green

**QA Nurse** 

Carla McIntosh

**Office Manager** 

Rachel Klingston

**Activities Director** 

Tiffany Young

**Dietary Manager** 

Jessica Norman

**Social Services** 

**Kelly Cozad** 

**Environmental Services** 

Marlene Carlberg

Maintenance

**Don Showers** 

#### **Animal Fun Facts**

The ostrich's muscular legs are powerful enough

to kill man and lion alike

Most elephants weigh less than the tongue

of a blue whale

All clownfish are born male, and will only change

sex to become a dominant female

Sea otters like to hold each other's paws when

sleeping so they don't drift apart

Alligators have been around for 150 million years

A cat's nose pad is as unique as a human fingerprint,

so no two feline noseprints are ever alike

Once a giant clam picks a spot to live on a reef, it does

not move for the rest of its life

If you would like an email copy of the newsletter or know someone that would like a paper copy of the newsletter let us know at <a href="mailto:socialworker@grm.net">socialworker@grm.net</a> or call the number below.

**Westview Acres Care Center** 

203 SW Lorraine St

Leon, Iowa 50144

641-446-4165

http://westview.leoncarecenters.com



## **Resident Spotlight**

This month's spotlight is on Maynard Yoder!! Maynard was born in Washington, Iowa with 5 brothers and 1 sister. His family farmed and moved to this area when he was 13. He loves to be outside as much as possible, so Maynard chose to work outside doing carpenter work and farming on the family farm. Some of his fondest memories are with his family working the farm and riding his favorite gray and white mare Silver. He also worked in Ft. Wayne, Indiana at a

hospital as a nurse's aide. Maynard values his family and always brings a smile with his great sense of humor.

We had a good turnout for our 2<sup>nd</sup> Annual Parade!! Thank you to all that participated and helped. The residents enjoyed all the different things in the parade while they are snow cones.





# **August Birthdays**

### Residents

Deb Short 8/1

Maizel Dunn 8/13

Donnie Vogel 8/17

Joe Ragusi 8/30

### Staff

Dee Dee White 8/3

Kessa Hindman 8/4

Billi Stark 8/4

Dorothy Berning 8/29

Danelle Black 8/30





This month's Guess Who was born and raised in Leon with 1 twin brother and 3 sisters. After graduation from Central Decatur School, he started working with his dad in the body shop and has continued to work in the Leon area his whole life. He met his wife in Lamoni and they have 2 children and 4 grandchildren. He enjoyed his horses and dogs and participated in trail riding and horse shows. He and his family enjoyed traveling and camping with the horses and has been to Branson, Kentucky, and Tennessee. He also has been to Maryland to visit family.

Last Month's Guess Who was Donna Johnson
And the winner was Tasha Pace!!

# **Summer Berry Cheesecake Salad**

- 3 Bananas
- 1/2 cup Blackberries, fresh
- 1/2 cup Blueberries, fresh
- 1/2 cup Raspberries, fresh
- 2 cup Strawberries, fresh
- 1 box Cheesecake or white chocolate pudding mix
- 12 oz Topping, whipped
- 3 (6 oz) containers Strawberry yogurt
- 3 cups Marshmallows, miniature



Place the whipped topping, pudding mix and yogurt into a large bowl. Whisk together. Cover and refrigerate until just before serving (at least and hour). When you are ready to serve, slice the strawberries and bananas. Removed whipped cream/pudding mixture from refrigerator and gently fold in sliced strawberries, berries, sliced bananas and marshmallows, and stir gently to combine. Serve immediately.

A HALLMARK DAY	2:30 ST.BRENDAN'S 1 CATHOLIC CHURCH 3	CHURCH SERVICE 29 1	SUNFLOWER DAY "9		2:30 LEON ASSEMBLY 1	3		2:30 OUR SAVIOR'S 1	CHURCH SERVICE 15 1	HAPPINESS HAPPENS N		METHODIST 3	2:30 LOVING CHAPEL 1	CHURCH SERVICE 8 1	WELCOME TO AUGUST F	3		CHURCH SERVICE 1 1
WHALE SHARK DAY	1:30 BINGO 3:30 MANICURES	29 10:30 GROUP 30	"SINGING IN THE RAIN"	3:30 MANICURES	1:30 BINGO	HISTO	3:30 MANICURES	1:30 BINGO	10:30 GROUP 16	MELON MONDAY		3:30 MANICURES	1:30 BINGO	10:30 GROUP 9	FRIENDSHIP DAY	3:30 MANICURES	1:30 BINGO	10:30 GROUP 2
TRAIL MIX DAY	2:30 AUGUST BIRTHDAY BASH BEAUTY SHOP	18	A GEM OF A DAY	GROCERY DAY	1:30 GEM DISH ART	DAY	GROCERY DAY		1:30 FELLA'S GROUP	WORLD LION DAY	GROCERY DAY			1:30 WOMEN'S GROUP	WATERMELON DAY	TREAT BEAUTY SHOP	MELLON KRISPIE	
	A		WIZARD OF OZ DAY	WIZARD OF OZ POPCORN & POP	1:00 MOVIE:		SERENDIPITY DAY	1:30 WIND SPINNERS OUTDOOR DECOR		PLAY IN THE SAND DAY	COUNCIL	4:00 RESIDENT	HANDPRINTS		US COAST GUARD DAY	3:30 GENERAL STORE	1:30 NAUTICAL DECOR	3 10:30 GROUP 4
	AUGUST		NATIONAL DOG DAY	BAKING DOG TREATS 3:00 BIBLE STUDY	1:30 FURRY FRIENDS 40		ICECREAM FLOATS	ME TABLES &	8:30 BOOKS ON 19	WORLD ELEPHANT DAY		3:00 BIBLE STUDY		1:30 WINDSOCK 12	LITTLE ORPHAN ANNIE	3:00 BIBLE STUDY	9:00 CATHOLIC MASS	NO SM
	7 2021		JUST BECAUSE DAY	10:30 GROUP 1:30 BINGO	9:00 CATHOLIC MASS	LEMONADES BDAY	1:30 BINGO	10:30 GROUP	9:00 CATHOLIC MASS	DON HO DAY	1:30 BINGO	10.30 GROOF	10:00 CDOID	9:00 CATHOLIC MASS	WIGGLE YOUR TOES		1:30 BINGO	5 10:30 GROUP 6
	27		RINGER DAY	THE BOREDOM BUSTER TABLE	ALL DAY 20 FIND FRIENDS & ENJOY	HONEYBEE AWARENES	TABLE	THE BOREDOM BUSTER	100	WIFFLE BALL DAY	WIEEL E DALL DAY	THE BOREDOM BUSTER	y medical	ALL DAY 14	LIGHTHOUSE DAY	TABLE	FIND FRIENDS & ENJOY	ALL DAY